

Dentistry for Children & Associates
Lloyd B. Austin, D.D.S., Ltd.
850 I St
Sparks, NV 89431
(775) 358-3550

POST OPERATIVE INSTRUCTIONS

1. Soft diet for 24 hours. Yogurt, milkshakes, cottage cheese, eggs, soup, etc. Soft tissues (gums, lips, etc.) are healing. Nothing too hot or spicy should be given to your child for 24 to 48 hours.
2. Use children's Motrin or children's Tylenol for pain as directed. Read labels carefully, please.
3. Watch numbness on cheeks and lips to prevent your child from biting him/herself. Numbness can last for 2 to 3 hours.
4. If you have any questions, please call our office. Dr. Austin or an associate are available to take your questions. Phone # 775-358-5330
5. Next appointment:

6. Special Instructions:

When crowns are placed on your child's teeth, the gums are disturbed and irritated for up to 7 days. Until they heal, gentle brushing is needed with a soft tooth brush. If this is still too difficult for the child to withstand, use a Q-tip dampened with warm water to wipe around the teeth and crowns each normal and will go away within a week. As a result of treatment the lips are stretched and likely to swell. Ice packs ½ hour on and ½ hour off will reduce swelling in 3 to 6 hours. If swelling is present the next day, please call our office.